

TERMS & CONDITIONS

All participants will follow the set daily plan.

No participants must leave the main group, or their walking group, without informing the coordinators or leaders first and must communicate with group leaders at all times.

All participants must have and show utmost courtesy, appreciation and respect for fellow participants, and the general public met during the trip. Control of language and self-discipline are, therefore, very important.

Participants must take note of any information given and abide by the instructions given. Time keeping will be very important.

Participants must look after their own personal belongings.

All the costs of accommodation, including room service and personal expenses (e.g. telephone calls), must be settled by the individual prior to departure.

The event is not a race; our basic philosophy is to help others succeed whilst having fun.

The coordinators' decision will be final as regards any interpretation of the rules and regulations.

Before or during the event, if participants have any concerns whatsoever about their personal fitness or health, they will communicate with the coordinators.

DISCLAIMER FOR LIABILITY AND/OR RESPONSIBILITY

The individual taking part in the Everest Kalapatthar / Island Peak Trek must complete this form.

1- Responsibility

All persons participating on the trek do so at their own risk and by taking part in this activity acknowledge and assume the risks inherent therein and further acknowledge that they are fully responsible both prior to and during the trek for being in reasonable fitness and health so as not to pose a risk or threat to themselves or others by taking part in the trek.

(a) We shall not be responsible nor do we accept liability for death, personal injury or illness caused to you.

(b) You use any transportation arranged by the organizers at your own risk.

(c) We cannot be held responsible for the condition of any route incorporated in the trek you follow any such routes at your own risk.

(d) Each person who takes part in the Trek shall indemnify us against any and all liabilities, claims and costs incurred by or made against us arising out of any act or omission of that person or of the party of which that person is a member.

(e) We reserve the right to prohibit any person from taking part in the trek who, in our view, is a danger to himself or to any of the participants on the trek. In the event that

we prevent such a person taking part in the trek pursuant to this sub-clause no refund or compensation whatsoever shall be payable by us. All persons who participate in trek must observe all rules of the route.

Subject to the foregoing conditions, any warrants and representations expressed or implied by statute, common law, or otherwise in relation to the arrangements by us are hereby excluded.

2. Insurance

We insist that all persons participating in the trek are properly insured from the time of booking with adequate travel insurance which may, if called upon, cover cancellation or curtailment, medical expenses, personal liability, loss of personal effects and luggage, certain benefits in the event of death, loss of limbs, eyes, etc.

- I agree to receive emergency medical treatment as considered necessary by the medical authorities present.
- I have completed the registration form to the best of my knowledge. Should any of the details change between the date of signing this form and the commencement of the event, I will advise the coordinators accordingly.
- I have read and understood the above terms, conditions and disclaimer, and confirm that I agree to abide by them.

Name and Signature of Participant

Date : _____